



Coffee Drinks

Coffee doesn't have to be just plain!

Gourmet Brewed Coffee

Drink	Size	Milk	Tot Cal	Fat Cal	Tot Fat (g)	Sat Fat	Trans Fat	Chol	Sod	Tot Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A	Vit C	Vit D	Calc	Iron
Gourmet Brewed Coffee	12 oz	None	3.00	0.00	0.00	0.00	0.00	0.00	7.05	0.00	0.00	0.00	0.00	0.00	0.00	0.00	7.05	0.00
Gourmet Brewed Coffee	16 oz	None	4.00	0.00	0.00	0.00	0.00	0.00	9.40	0.00	0.00	0.00	0.00	0.00	0.00	0.00	9.40	0.00
Gourmet Brewed Coffee	20 oz	None	5.00	0.00	0.00	0.00	0.00	0.00	11.75	0.00	0.00	0.00	0.00	0.00	0.00	0.00	11.75	0.00

Café Au Lait

Drink	Size	Milk	Tot Cal	Fat Cal	Tot Fat (g)	Sat Fat	Trans Fat	Chol	Sod	Tot Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A	Vit C	Vit D	Calc	Iron
Caffe Au Lait	12 oz	Whole	114.00	52.50	6.00	3.75	0.00	26.25	29.78	8.25	0.00	8.25	6.00	225.00	1.80	75.00	228.53	0.00
Caffe Au Lait	16 oz	Whole	152.00	70.00	8.00	5.00	0.00	35.00	39.70	11.00	0.00	11.00	8.00	300.00	2.40	100.00	304.70	0.00
Caffe Au Lait	20 oz	Whole	190.00	87.50	10.00	6.25	0.00	43.75	49.63	13.75	0.00	13.75	10.00	375.00	3.00	125.00	380.88	0.00
Caffe Au Lait, Skinny	12 oz	Fat Free	61.50	0.00	0.00	0.00	0.00	3.75	97.28	9.00	0.00	9.00	6.75	375.00	1.80	75.00	228.53	0.00
Caffe Au Lait, Skinny	16 oz	Fat Free	82.00	0.00	0.00	0.00	0.00	5.00	129.70	12.00	0.00	12.00	9.00	500.00	2.40	100.00	304.70	0.00
Caffe Au Lait, Skinny	20 oz	Fat Free	102.50	0.00	0.00	0.00	0.00	6.25	162.13	15.00	0.00	15.00	11.25	625.00	3.00	125.00	380.88	0.00



Mocha Au Lait

Drink	Size	Milk	Tot Cal	Fat Cal	Tot Fat (g)	Sat Fat	Trans Fat	Chol	Sod	Tot Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A	Vit C	Vit D	Calc	Iron
Mocha Au Lait	12 oz	Choc	159.00	52.50	6.00	3.75	0.00	22.50	161.03	21.75	0.75	20.25	6.00	225.00	1.80	75.00	191.03	0.00
Mocha Au Lait	16 oz	Choc	212.00	70.00	8.00	5.00	0.00	30.00	214.70	29.00	1.00	27.00	8.00	300.00	2.40	100.00	254.70	0.00
Mocha Au Lait	20 oz	Choc	265.00	87.50	10.00	6.25	0.00	37.50	268.38	36.25	1.25	33.75	10.00	375.00	3.00	125.00	318.38	0.00
Mocha Au Lait, Skinny	12 oz	Fat Free	110.00	15.00	2.00	1.00	0.00	5.00	95.00	16.00	0.00	16.00	6.00	4.00	0.00	75.00	25.00	0.00
Mocha Au Lait, Skinny	16 oz	Fat Free	140.00	25.00	2.50	1.50	0.00	10.00	125.00	22.00	1.00	21.00	8.00	4.00	2.00	100.00	35.00	0.00
Mocha Au Lait, Skinny	20 oz	Fat Free	180.00	30.00	3.50	2.00	0.00	10.00	160.00	27.00	1.00	26.00	10.00	6.00	2.00	125.00	45.00	0.00

Soy Caffee Au Lait

Drink	Size	Milk	Tot Cal	Fat Cal	Tot Fat (g)	Sat Fat	Trans Fat	Chol	Sod	Tot Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A	Vit C	Vit D	Calc	Iron
Soy Caffee Au Lait	12 oz	Soy	90.00	30.00	3.50	0.00	0.00	0.00	95.00	8.00	2.00	1.00	8.00	20.00	0.00	75.00	6.00	10.00
Soy Caffee Au Lait	16 oz	Soy	120.00	40.00	4.50	0.50	0.00	0.00	130.00	11.00	3.00	1.00	10.00	30.00	0.00	100.00	10.00	15.00
Soy Caffee Au Lait	20 oz	Soy	150.00	50.00	5.00	0.50	0.00	0.00	160.00	14.00	4.00	1.00	13.00	10.00	0.00	125.00	10.00	15.00